

## Pastor's Corner



Here's a thought for the New Year. I found it resonated with me. Perhaps it will with you as well:

The problem with human nature, particularly in the American scene, is we've got so much going on. We are easily distracted. Al Holcomb suggested as a society we suffer from a collective ADD, Attention Deficit Disorder. Over-stimulated, we find ourselves fibrillating, unable to give ourselves to a task, stay focused and see it through.

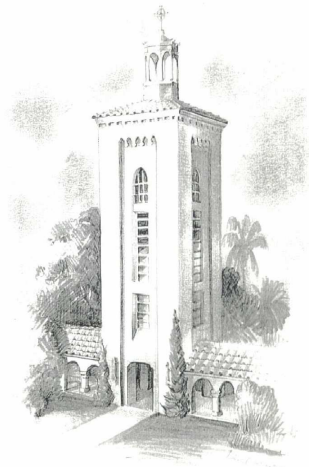
Many people are like gyroscopes, it has been suggested, spinning around at a frantic pace but never going anywhere. Maybe we need to take charge.

If you want your life to have impact, focus, stop trying to do it all. Do less. Even some good activities could be trimmed so we can do what matters most. Never confuse activity with productivity. You can be busy without a purpose. What is your purpose anyway?

Words for me. Words for you?

Wishing you a happy, purposeful New Year!

Dr. Cuthill



SERVE ONE  
ANOTHER  
IN LOVE.

GALATIANS 5:13, NIV

## Thank You Notes...

### A MESSAGE TO THE WPPC CONGREGATION

Thank you so much for sharing the church manse with our group. The Alpha Zeta National Service Project was a great experience, and staying at the manse made it possible.



Sincerely,  
Members of Alpha Zeta

### A NOTE FROM PAT MORGAN

Thirty members of Alpha Zeta (a national service fraternity) from around the country spent four days of their Christmas break in the manse while working with the Society of St. Andrew. Great conversations, ideas, questions, hard work and wonderful fellowship and bonding. Thank you, WPPC, for making it possible — what a ministry!

Many, many "Thank You's" from the students!

Date	Day	Function	Time	Place
<b>February</b>				
1	Tues	TNT	4:30, 5:30, 6:30	Various
2	Wed	Contemporary Choir Rehearsal	Musicians 6:00 Rehearsal 7:00	Delgado Chapel
2	Wed	Adult Children Anonymous	7:30	CE Bldg Parlor
3	Thur	Line Dancing	9:30	CE Bldg #102
4	Fri	Friendship Lunch	11:30	Fellowship Hall
4	Fri	Tai Chi	11:30	CE Bldg #102
4	Fri	Al Anon	8:00 pm	CE Bldg #102
6	Sun	Worship (Communion - all services): Traditional Contemporary Traditional	8:30 9:45 11:00	Chapel Sanctuary Sanctuary
6	Sun	New Member Luncheon	12:15	CE Bldg Parlor
7	Mon	Women's Prayer Group	9:30	Chapel
7	Mon	Tai Chi	11:30	Fellowship Hall
7	Mon	Young Life	7:00	Manse
8	Tues	Elizabeth Circle	10:00	CE Bldg Parlor
8	Tues	TNT	4:30, 5:30, 6:30	Various
8	Tues	Women's Planning Team	5:30	Room 303
9	Wed	Contemporary Choir Rehearsal	Musicians 6:00 Rehearsal 7:00	Delgado Chapel
9	Wed	Adult Children Anonymous	7:30	CE Bldg Parlor
10	Thur	Line Dancing	9:30	CE Bldg #102
10	Thur	Committee Night	Chairs 6:30 Worship 7:00 Meeting 7:30	Room 301 Chapel Various Rooms
11	Fri	Tai Chi	11:30	Fellowship Hall
11	Fri	Deacon Planning Group	1:30	Room 301
11	Fri	Al Anon	8:00	CE Bldg #102
12	Sat	Memorial Service for Harriet Taylor	1:00	Chapel
13	Sun	Blood Pressure Screenings	9:30	Office Hallway
13	Sun	Worship: Traditional Contemporary Traditional (Children's Choir sings today)	8:30 9:45 11:00	Chapel Sanctuary Sanctuary
14	Mon	Women's Prayer Group	9:30	Chapel
14	Mon	Tai Chi	11:30	Fellowship Hall
14	Mon	Hannah Circle	7:00	Room 301
14	Mon	Book Club	7:00	Room 303

WHAT'S HAPPENING AT WPPC ??

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Date	Day	Function	Time	Place
<b>February</b>				
15	Tues	TNT	4:30, 5:30, 6:30	Various
16	Wed	Contemporary Choir Rehearsal	Musicians 6:00 Rehearsal 7:00	Delgado Chapel
16	Wed	Adult Children Anonymous	7:30	CE Bldg Parlor
17	Thur	Line Dancing <b>TODAY ONLY - TRY IT FREE</b>	9:30	CE Bldg #102
17	Thur	Deacons	7:00	Room 301
18	Fri	Knitting with Love	9:30	CE Bldg #101
18	Fri	Tai Chi	11:30	Fellowship Hall
18	Fri	Al Anon	8:00	CE Bldg #102
20	Sun	Worship (Health Awareness Sunday): Traditional Contemporary Traditional	8:30 9:45 11:00	Chapel Sanctuary Sanctuary
21	Mon	Women's Prayer Group	9:30	Chapel
21	Mon	Tai Chi	11:30	Fellowship Hall
21	Mon	Women's Game Night	7:00	CE Bldg #102
21	Mon	Young Life	7:00	Manse
22	Tues	TNT	4:30, 5:30, 6:30	Various
23	Wed	Contemporary Choir Rehearsal	Musicians 6:00 Rehearsal 7:00	Delgado Chapel
23	Wed	Adult Children Anonymous	7:30	CE Bldg Parlor
24	Thur	Coalition: Cook Brownies & mix PBJ	9:00	Kitchen
24	Thur	Coalition: Prep Meal	9:00	Kitchen
24	Thur	Line Dancing	9:30	CE Bldg #102
24	Thur	Session	7:00	Room 301
25	Fri	Coalition: Prep Sandwiches/Bag Brownies	9:00	Kitchen
25	Fri	Tai Chi	11:30	Fellowship Hall
25	Thur	Wedding Rehearsal	4:00 – 8:00	Sanctuary/ Fellowship Hall
25	Fri	Coalition: Serve Meal	Depart 6:00	Kitchen
25	Fri	Al Anon	8:00	CE Bldg #102
26	Sat	Wedding (Steinberg/Cuthill)	4:30	Sanctuary
27	Sun	Worship: Traditional Contemporary Traditional	8:30 9:45 11:00	Chapel Sanctuary Sanctuary

**LIBRARY INFORMATION CENTER**  
*Excerpts from The WPPC 50<sup>TH</sup> Anniversary Cook Book:*  
**THE SANCTUARY STAINED GLASS WINDOWS**



**THE ROSE WINDOW**

(ON THE FRONT WALL OF THE SANCTUARY)

In the four primary spokes of the Rose Window are shown the most vital aspects of the life of Christ. **At “nine o’clock” the Incarnation is shown** by the nativity manger: **at “six o’clock” our Savior’s vicarious sacrifice, the Crucifixion,** is indicated by an empty cross and the sheet used to wrap His body; **at “three o’clock” our Lord’s glorious Resurrection and victory over death** is symbolized by the bursting pomegranate, indicating His power to burst out of the tomb on Easter Day and come forth alive; **at “twelve o’clock” Christ the King and our promise of immortality** is shown by a throne surmounted by a kingly crown flanked by palm branches.

In the other four spokes, reading counter-clockwise, are the traditional symbols, **the “winged creatures” of the Four Evangelists.** They can be traced back to very early in the Christian era and are evidently based on the visions of Ezekiel (Ezekiel 1), and John (Revelation 4). The reasons for the assignments are not always clear, but are in part, as follows:

**The winged man is Matthew,** because he began his gospel with the genealogy of Christ.

**The winged lion is Mark,** because he wrote the royal dignity of Christ. Also, he was considered the historian of the resurrection, of which the lion is also a symbol.

**The winged ox is Luke,** because his gospel emphasizes atonement through Christ’s suffering and death - the ox (or calf) being the symbol of sacrifice.

**The eagle is John,** because from first to last his gospel soars on eagles wings to the very throne of Heaven.

Thus, the Rose Window memorializes the heart of our faith and those consecrated men who first recorded the life and message of our Lord.

**SEE ALL WINDOWS PICTURED ON FELLOWSHIP HALL DISPLAY!**

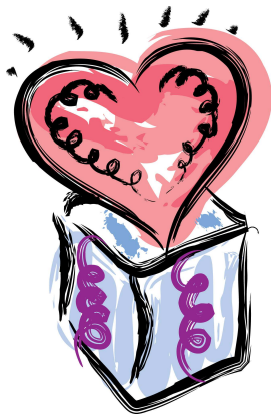
## PARISH NURSE NOTES

Rebecca Monfalcone, B.S.N., R.N.



This year has started with a lot of activity here at WPPC. TNT on Tuesday nights includes two classes with health emphases:

- **“What Did Jesus Eat?”** by Jim Tinkey is an interesting study of culture and nutrition practices of Jesus which can help us examine our own habits and how they benefit or hinder us.
- **“Life Goes On. . .Can I?”** is a grief support group for those who are dealing with losses of various kinds. Remember to pray for those participating in this group between February 1 to March 22.



### **FEBRUARY is HEART HEALTH MONTH**

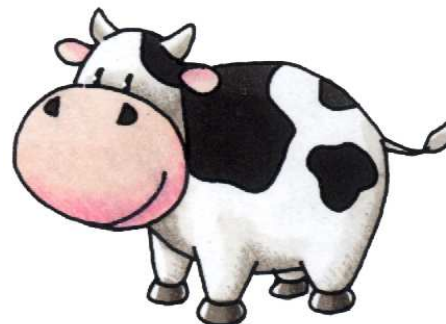
for stronger hearts physically & spiritually

- \* **Know your numbers** \* **Supersize LESS** \* **Exercise MORE** \*
- \* **Spend regular time with God** \*

### NURSE'S NUGGET:

According to the American Stroke Association - **Up to 80%** of strokes are preventable with a healthy diet and regular physical activity!

JUST MOOOOVE !!



## PARISH NURSE NOTES

Rebecca Monfalcone, B.S.N., R.N.

We have **many** wonderful opportunities through **Our Whole Community** which are open to **all**. Check available activities on [www.ourwholecommunity.org](http://www.ourwholecommunity.org). They include:

- Two community gardens planting soon – WPPC and DePugh Nursing Home – help needed



- **FREE** three week Nutrition series being taught at Saint Margaret Mary.  
**Tuesdays February 8, 15, and March 1: 7 to 8:30 p.m.**  
Details and reservation info at Health Corner bulletin board

### **3-Part Tuesday Evening Nutrition Series**

All sessions are free. Learn about the Benefits of Eating Local, Cooking Healthy with Fish, and Easy Vegetable Preparations.



## WHITE SOCKS

Again this year, the Congregation of WPPC generously gave several hundred pairs of new white socks to the Coalition for the Homeless. After we served dinner on Christmas Eve, we gave each person one or two pairs of socks. They are so grateful for these socks, and so many said God Bless You and Your Church!

Because of the generosity of our congregation, we also have enough socks to distribute in February. It may not seem like a lot to each of us that brought in socks, but having a pair of new, warm, dry socks, means so much to these homeless men and women. Thank You!!!



The Compassion Committee

## February 12 IHN Annual Share the Love Walk



Family Promise of Greater Orlando, which manages the IHN program in Orlando & Winter Park, will be hosting IHN's Annual "Share the Love Walk" on Saturday, February 12 in Winter Park. The event raises money in the form of walker sponsorships to support IHN's homeless family shelter program in this area.

Members of WPPC's IHN coordinating team will be walking, and they invite you to sponsor them with your pledge. If you would like to pledge one of us, or even to register as a walker in that event, please see a team member at the IHN table in Fellowship Hall after the 11:00a.m. service on February 6, or just contact one of us anytime. The walk will begin at 9:00 a.m. at First United Methodist of Winter Park on Interlachen Drive.

**IHN Coordinating Team:**

**Richard Small, Ginny Seel, Jo Russell, Lucie Shannon**

## Seen printed on a t-shirt!



*I promise not to sleep in church especially during the sermon. I will read the Bible and say my prayers. I promise not to sing off key and always arrive on time. I promise not to complain when the basket is passed around. I will never chew gum in church or sneak out early ... because I am the Minister..... **I am the Minister.***

**R in A Sunday School Lessons**  
**(Relationships in Action)**  
**February 6 - 27**



**Relationships in Action**

**February 6th & 13th:**

*Spiritual Intelligence* is the topic for both the 6th and 13th of February. Some questions to ponder are:

Is there such a thing as Spiritual Intelligence?

What does wisdom look like?

What do we know about God?

These are some of the questions that were raised at a recent seminar for Christian Educators, Pastors, and doctoral student that Pat Morgan attended at Columbia Seminary. Come join the discussion and learn about this innovative area of research.

**February 20th:**

*God, Jesus and the church.* This is part 3 of the Emerging Church Series. This lesson will be taught by Jay Van Hook.

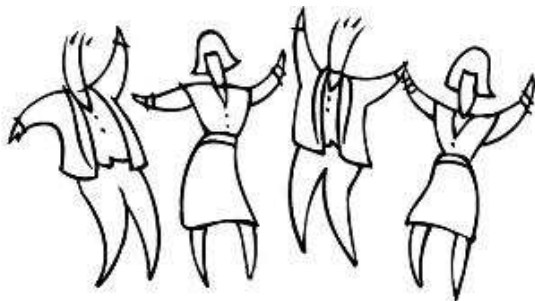
**February 27th:**

*Faith and Doubt* is the lesson being taught today by Jay Van Hook

=====

***Line Dance Class every Thursday at 9:30 a.m.***

*All ages, both men & women, diverse music, easy to intermediate level.*  
*The Fellowship is fantastic at WPPC.*



**Line Dancing**

*Long time popular instructor Pauline*  
*407.366.0265 or 321.217.7595*

*Join us on Thursday, February 17th*  
*for a FREE class.*

*Come and give us a try!*



# Tuesday Nights Together



Feeding Bodies and Souls

4:30 – 7:30 Classes for all ages

Nursery from 4:30 – 7:30 Room 608

4:30 – 5:30      *Family Clay Play*      Catherine Cross      Room 520

This popular program returns again for children, youth & adults. Come to one class, several, or all. All children must be accompanied by an adult. \$6.00 per week for materials for up to 3 children. Please pre-register.

5:30 – 6:30      SUPPER (GOOD FOOD & FELLOWSHIP)      Fellowship Hall

\$5 Adults & \$3 children (under age 10)  
Please RSVP each Monday for head count! (407.647.1467)

6:00 – 7:30      *Life Goes On ... Can I? (Jan. 11-Mar. 1)*      Parlor (1st floor, CE bldg.)

Support group for those mourning a loss (death of a loved one, divorce, health, employment). This is a progressive class. Please try to attend all sessions!!

6:30 – 7:30      *Children's Choir*      Susan Davis      Room 514

For Children 4K – 5th Grade – Wonderful Learning & Singing

6:30 – 7:30      *What Do Presbyterians Really Believe?*      Terry Irwin      Room 315

Christian Doctrine Part II Covering such intriguing doctrines as Creation, Providence, Sin, Incarnation, Atonement, Resurrection, and the Holy Spirit. Come learn everything!!

6:30 – 7:30      *Mosaic*      Elaine Goldschmidt      Room 202A

Young adult study group will continue with “The Secret Message of Jesus; Uncovering the Truth That Could Change Everything” by Brian McLaren

6:30 – 7:30      *Sisters*      Donna Antenucci      Room 101

Study group for women. Contemporary approach to the message of Jesus and how it relates to our lives, using the Numa video series and discussion.

6:30 – 7:30      *What Would Jesus Eat?*      Rev. Jim Tinkey      Room 301

A culinary exploration of the Bible and its healthy message for us today. Spiritual & physical wellness will be on the table. Taste tests included!

February, 2011

WPPC SUNDAY SCHOOL SCHEDULE

9:45 SUNDAY

AGE/GRADE ROOM/TEACHER	Feb/6	Feb/13	Feb/20	Feb/27
<b>Ages 3-5</b> Room 708 Laurie & Ray Combs	<i>Jesus Teaches Us to Build Our Faith on Him</i>  Matthew 7: 24-27	<i>Jesus Teaches Us That Little Things Can Grow Into Big Things</i>  Matthew 13: 31-32	<i>Jesus Teaches Us To Listen To God</i>  Luke 8: 4-15	<i>Jesus Teaches Us That God Loves Us</i>  Luke 15: 11-24
<b>K - 2<sup>nd</sup> Grade</b> Room 706 Carolyn Boyle Jean Carolan	<b>Jesus Message: Love Your Enemies</b>  Matthew 5: 38-48	<b>Jesus Message: Don't Worry</b>  Matthew 6: 25-34	<b>Jesus Message: Don't Judge Others</b>  Matthew 7: 1-5	<b>Jesus Message: Hear and Do</b>  Matthew 7: 24-27
<b>Grades 3, 4, 5</b> Room 201 Laura McLeod Meg Ball Thomas	↓	↓	↓	↓
<b>Middle School</b> (Grades 6, 7, 8) Jody Parker Pat Morgan	<i>What Are The Questions? What are the Answers?</i> <i>(FAQ's - Faithfully Asking Questions)</i>			
<b>Senior High</b> (Grades 9 - 12) Margie Meliza Julie Rankin	← Making Worship Real →			
<b>ADULTS</b>	Feb 6	Feb 13	Feb 20	Feb 27
<b>Seekers</b> Room 315 Terry Irwin Marilyn Bryant	<i>Spirituality and Brain Research</i>  Room 301 Pat Morgan	<i>Spirituality and Brain Research</i>  Room 301 Pat Morgan	<i>The Isaiah Apocalypse</i>  Isaiah 24-27	<i>Judah, Present and Future</i>  Isaiah 28-35
<b>Disciples</b> Room 317 Rene Cuthill Don McCarter	<i>Jesus is The Messiah</i>  Mark 8: 27 - 9: 1	<i>This is My Beloved</i>  Mark 9: 2-13	<i>Jesus Came to Serve</i>  Mark 13: 14-27	
<b>Genesis</b> Room 102 Bill Brown, Scott Kent, Gene Waugh, Bob Pyle	← Timely Topics →			
<b>Relationships in Action</b> Room 301	<i>Spiritual Intelligence</i> (Pat Morgan is sharing information from a recent Columbia Seminary seminar.) <b>Questions to Ponder</b> Is there such a thing as spiritual intelligence? What does wisdom look like, and what do we know about God?		<i>God, Jesus, and the Church</i>	<i>Faith &amp; Doubt</i>
			Continuation of the "Emerging Church" Series Jay Van Hook teaching	

To help protect our members and friends from the risk of identity theft and fraud, actual dates of birth will no longer be published in the newsletter. Members needing this information are welcome to contact the church office.

**JANUARY**

Mary Laurie Lane  
 Kay Ackerman  
 Liz Asbury  
 Meg Baldwin  
 Audrey Kerr Ball  
 Robert Barrett  
 Jackson Lee Beaty  
 Dr. Willard Boardman  
 Dolly Boyce  
 Mary Bruce  
 Ryan Camorata  
 Deborah Capoverdi  
 Sharon Carrier  
 Evan Combs  
 Jeanne Cosner  
 Abigail Crouch  
 Bryce Crouch  
 Jo Davidson  
 Armeta Davis  
 Abbey Dearden  
 Delia Delgado  
 Karlene Dunagin  
 Wayne Ettridge  
 Christine Galante  
 John Gehrig  
 George Grace  
 Alexandra Granville  
 Claudia Ann Hafich  
 Fabiola Hansen  
 Taylor Harrell  
 Gary Hiatt  
 David Holland  
 Will Hornbeck  
 Lauren Jones  
 Patricia Kiester  
 Alyssa Kittinger  
 Thomas Klusman  
 Anita Lampman

Mary Laurie Lane  
 Carl Le Croy  
 Jessica Lee  
 Brian Lewis  
 Christine Lewis  
 Joanne Little  
 Renee Lomas  
 Shannon Lomas  
 Helen Luckey  
 Molly Magee  
 Johnnie McCarter  
 Jean McGuire  
 Eleanor Mckechnie  
 Barbara McKnight  
 Ann Montgomery  
 Mary Montgomery  
 Laura Mullen  
 Arie Naaktgeboren  
 Barbara Oldford  
 Tiffany Osborne  
 Chelsea Parrish  
 Barbara Patten  
 Kent Preddy  
 Carole Reece  
 Robert Reed  
 Ray Renfro  
 Kathryn Rodgers  
 Tanya Rose  
 Jennifer Rowland  
 Tom Russell  
 Alex Santspree  
 Nancy Seyler  
 Sam Seyler  
 Sallie Spivey  
 Jimmy Stroz  
 Howard Suguchi  
 Philip Tiedtke  
 Jonah Towers

Flo Tuck  
 Jay Van Hook  
 Alison Vanderzee  
 Mark Wagenhauser  
 Matthew Walker  
 Phurby Woodall  
 Dana Woods  
 Debbie Workman  
 Laurel Zinssar

**FEBRUARY**

Kitty Johnston  
 Amy Jones  
 Alison Keeley  
 Isabella Lahr  
 Chris Lodato  
 Peighton Mahoney  
 Alison Mann  
 Dick Markel  
 Ed Matrick  
 Lesley Maxwell  
 Noah Melton  
 Steven Mohammed  
 Dr. Leslie Morgan  
 Michelle Nants  
 Sally Naylor  
 Shari O'Hara  
 David Oliver  
 Bradley Osterhaus  
 Matt Pickler  
 Maxine Porter  
 Denise Riccio  
 Aimee Robinson  
 Julia Robinson  
 Susan Rodgers  
 Hunter Santspree  
 Noelle Santspree  
 Suzanne Suguchi  
 Steve Thomas  
 Craig Uttley  
 Sara Van Arsdel  
 Lisa Vimmerstedt  
 Chelsa Wagner  
 Jayne Watkins  
 Jack Watkins  
 Kathleen Peck  
 Mike Yost  
 Roy Zimmer

Winter Park Presbyterian Church would like to acknowledge all who have contributed to various designated ministries.

*In Memory of Jeanne Cook*

Bill & Mary Beardall - General Music Fund

Chris & Sue Rudolph - Handbell Ministry

Raymond & Karlene Dunagin - Music Fund

Nancy Jo Tassos - Music Fund

Terry & Dana Irwin - Handbell Ministry



*In Memory of Reece Ivey*

Letty Hollings - Memorial Fund

Bill & Mary Bearsall - Memorial Fund

*In Memory of Nancy Sturm*

Hamlin & Burton Liability Mgmt

Annetta Kies - Friendship Club

Theo Kaffenberger

Sue Rudolph

Timberlane Shores Civic Assoc.

*In Memory of Ann Hendrick*

Michael J. Rucker



*In Memory of Tony Roth*

Paul & Ann Plasschaert

Jeanne McKnight

Stan & Kerri Whittaker



*In Memory of Harriet Taylor*

Anonymous - Library Fund